

Kitz Spa Etiquette for your Wellness Treatment

Dates & Reservations

To secure your desired treatment, we recommend that you make your reservation before your arrival. You will receive your appointment confirmation directly upon arrival.

You can find our spa menu at www.hotel-kitzhof.

Cancellations

Please inform us early if you want to cancel or postpone an appointment.

If you cancel within 24 h, you will be charged 100% of the amount.

Delays

Unfortunately, in case of delays, it is not possible to extend treatments beyond the agreed date. If you arrive later than booked, your treatment time will be shortened accordingly.

Preparations for your Treatments

You should not shave before a salt peel. If you have sunburn, avoid treatments with a peeling. Please inform us about any health peculiarities of your body.

Wellness Treatments

Arrive at the spa area 5 minutes before your treatment.

Before you go into the hands of a therapist, please take a shower. You are also welcome to take a sauna before a massage, which warms up the muscles.

Avoid physical activities after the treatment.

The Right Outfit

Basically - wear what seems most comfortable to you.

You can come to the spa area in a bathrobe or change in the treatment room.

Depending on the treatment, disposable underwear is provided, you should wear these briefs during treatments.